

Administration of
Directorate of Medical and Health Services,
L. T. of Dadra & Nagar Haveli and Daman & Diu
AYUSH Section

No DMHS/IDY/2022/257/ 3485

Date:- 13/06/2022

To
The President,
Silvassa Industrial Association,
Dadra & Nagar Haveli,
Silvassa

To,
The President
Silvassa Industries & Manufacturers Association,
Dadra & Nagar Haveli,
Silvassa

To,
The President
Dadra & Nagar Haveli Industries Association,
Dadra & Nagar Haveli,
Silvassa

Subject: Celebration of International Day of Yoga on 21st June 2022

Sir,

The Department of Health & Family Welfare, Dadra & Nagar Haveli and Daman & Diu shall be celebrating International Day of yoga on 21st June 2022 at various places of Dadra & Nagar Haveli UT. The department is conducting yoga training as part of "YOG SAPTAH" from 14th to 20st of June 2022 at Damanganga Riverfront from 6:00 am to 7:00am and Evening 6:00 pm to 7:30 pm.

The Main even shall be at Damanganga Riverfront, Silvassa on 21st June 2022 from 6.30 am onwards. It is requested to attend the yoga Sessions and disseminate the above information to respective employees for availing the benefit of the yoga training and to ensure maximum participation on 21st June to make the event a Success.

Yours sincerely,

(Dr. V.K.Das)
Director

Medical & Health Services
Dadra & Nagar Haveli
Silvassa