

Dear Participants

For most professionals, having excellent communication skills tops the list of the desired skills they wish to possess.

Having exceptional communication skills go just beyond getting your work done, meeting targets and being responsible for the company's growth. They also include the ability to listen and see the unspoken, interpreting what others say correctly, having impeccable etiquette, persuading and negotiating with others and managing conflict effectively.

The way one communicates, drastically affects the morale of the people around, teamwork, productivity and one's inter-personal relations.

We invite you to join our day long workshop on '**Enhanced Communication Skills**' using '**Neuro- Linguistic Programming and Transactional Analysis.**'

Program Details

- *Primary Filters – Visual, Auditory, Kinesthetic, Olfactory, Gustatory*
- *Deletion, Distortion and Generalization – It's impact*
- *Establishing Rapport with self and others – Understanding other's filters*
- *Perceptual Positions- Accepting other's point of view*
- *Changing Sub Modalities – Reworking difficult communication situations*
- *Understanding Authenticity of Feelings*
- *Strokes and it's importance in Communication*
- *How Ego states rule communication with self and others*
- *Understanding Transactions (Parent, Adult, Child ego states) and their impact on relationships*
- *Communication Responses using all the above tools*

Trainer Profile

Mr. Ambrish Pandya holds a Masters Degree in Commerce with a Financial Planning Certification from the Chartered Insurance Institute of the London and a Post Graduate Certificate in Human Resource Management from XLRI Jamshedpur.

He has been a part of the corporate world for over 17 years and had trained extensively for clients like Hindustan Unilever, DSP Merrill Lynch, American Express, OTIS Elevators, Space Office Systems, Dr. Reddy's, Rajgreen, UCB Pharma, Wockhardt, Apex Kidney Care, Indusind Bank, Parle Agro, Shoppers Stop, Indofil and many more.

Ambrish holds the below certifications:

- NLP Master Practitioner – Dr. Richard McHugh SJ
- TA - Transactional Analysis foundation Course – By Dr V. V. John
- Extended Disc Certification – Jukka Sapinen – CEO and Founder of Extended Disc
- Gestalt Therapy – Dr. Richard McHugh SJ

Other Details

Get in touch with us at ambrish.pandya@theyellowspot.info or call us on +91 9769733305.
You can also visit our website - www.theyellowspot.com for more information about us.

Investment Will be Rs.3,500/- + S. Tax @ 12.36%

Venue: Hotel Regency Palace – Andheri (East)

Date : 25/04/2015 ; Time: 9.30 a.m. to 5.30 p.m.

Lunch, Tea, Coffee and Snacks will be served during the session.

Come join us in *Creating the Difference...*