



ST JOHN AMBULANCE ASSOCIATION (VALSAD FIRST AID TRAINING CENTRE)



Run By: AGRAWAL COMMUNITY EDUCATION AND REHABILITATION CENTRE TITHAL, NEAR SAI BABA TEMPLE – VALSAD-GUJRATH

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To, Date: - 14-09-2023 NARENDRA TRIVEDI JI SILVASSA INDUSTRIES & MANUFACTURERS ASSOCIATION (SIMA) SILVASSA

FIRST AID TRAINING PROGRAMME

WITH ST.JOHN AMBULANCE CERTIFICATION.

We are providing first aid training program for the company employees and the required certificate of ST. Johns ambulance will be issued.

The <u>silent features of the topics</u> being covered are as mentioned below: FIRST AID-DEFINITION:

The treatment given to the patient during medical emergency that may be arising out of illness or accident, before a doctor comes to the site or the patient is transferred to the doctor, is called as first aid treatment.

AIM OF FIRST AID

- 1. To save the life.
- 2. Preventing further deterioration of health
- 3. Indirect help for early recovery and to reduce period of hospitalization
- 4. Requirements of first aider
- 5. How to handle the victim / Way to handle to patient
- 6. Examination of the serious patient.
- 7. Assessment of blood flow: (Shock)

SHOCK:

Causes, diagnosis and management of shock:

TYPES OF INJURIES:

- 1. Types of injuries from management point of view.
- 2. Simple/non-serious injury

3. Serious injury:

MANAGEMENT:

- 1. How to stop the bleeding:
- 2. Direct pressure.
- 3. Indirect pressure.
- 4. Conservation of distal body tissue by intermittent release.

BURN INJURY:

- 1. Superficial burn, Deep burn and Percentage of burn.
- 2. Management of slight burnt injury:

ELECTIC SHOCK:

- 1. Cause of death in electric shock.
- 2. Important management in electric shock.

CHEMICAL INJURIES:

- 1. Injury to the skin and eyes:
- 2. Ingestion of chemicals:
- 3. Inhalation:

PREVENTION OF DANGER DUE TO GASES:

- 1. Gases leakage in confined space:
- 2. In case of gas leakage in open air:

UNCONSCIOUS PERSON:

CARE OF UNCONSCIOUS PATIENT

Examination of unconscious person: (ABC)

A: See air way

- B: Breathing activity
- C: See the circulation

CPR: Cardiopulmonary resuscitation

- 1. What cardiopulmonary resuscitation.
- 2. When to be given.
- 3. How to be given.
- 4. Practical training over the manikin (Dummy).

Short discussion on:

- 1. Eye injuries:
- 2. Injury to bones: (Fracture)(#)
- 3. Dressing and triangular bandages.

CONCLUDING PART:

- 1. Written examination of the participants.
- 2. Discussion over the examination question.
- 3. Discussion over the queries in the mind of participants.